



Parenting in the Kitchen:
Home Strategies for
Families in Feeding Therapy

REGISTRATION FORM

Participant Name: _____ Discipline: OT / SLP

ASHA / AOTA Number: _____ Current Work Setting: _____

Email Address: _____ Phone Number: _____

Mailing Address: _____

<p>Payment Method:</p> <ul style="list-style-type: none"> • Cash • Check (Payable to KidsCare Home Health) • Professional Development Fund (KidsCare Employees Only) 	<p>Please mail registration page 1 and payment to:</p> <p style="text-align: center;">KidsCare Home Health Attn: CEU Registrations 15820 Addison Road Addison, Texas 75001</p>
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Date: Friday, June 21, 2019 9:00AM – 4:00PM

Location: Housing and Building Assn. of Colorado - 4585 Hilton Pkwy # 100, Colorado Springs, CO 80907

Course Description:

This seminar provides professionals with tools to share with parents to help children who struggle with eating. Parents of kids with feeding disorders face challenges at breakfast, lunch, dinner, and snack time. They often spend the day worried about how much their child will consume, unsure of how to help them learn to eat more variety, and concerned about the child’s nutritional health. Studies have shown that as parental stress increases, positive parent-child interactions decrease. Yet, a consistent, positive feeding relationship between parent and child is essential to making progress in feeding therapy. Providers and professionals who treat children for feeding difficulties want to know how to support both the child and the family with practical strategies within the family’s everyday routines. What approach can parents take that will provide them with steps to bring joy back to the family table while the child’s feeding development improves over time? A child’s relationship with food always influences family dynamics and a family-centered approach to treatment is essential to achieve progress in feeding skills.

Course Agenda

Pricing

Non-KidsCare Home Health SLPs/OTs: \$225 (deadline June 14, 2019)

KidsCare Home Health SLPs/OTs: \$175

Learning Outcomes

The participant will be able to:

1. Provide parents of children in feeding therapy strategies for common mealtime challenges, including teaching a child to enjoy sitting at the table, interact with food via play and participate in mealtime routines.
2. Identify activities and routines throughout a child's meals or snack times to support treatment strategies.
3. Break down challenging behaviors into manageable pieces and communicate to parents how to address those pieces in a positive manner, building success in treatment over time.

Target Audience: introductory- to advanced-level OTs and SLPs

Methods of Instruction: lecture, video demonstrations, question and answer time

Course Instructor: Melanie Potock, MA, CCC-SLP, treats children birth to teens who have difficulty eating. Melanie's advice has been shared in a variety of television and print media, including The New York Times, CNN.com, Huffington Post, Parents Magazine, and The ASHA Leader and ASHA Leader Blog. She is the co-author of the award-winning *Raising a Healthy Happy Eater: A Stage-by-Stage Guide to Setting Your Child on the Path to Adventurous Eating*(2015) and *Baby Self-Feeding: Solutions for Introducing Purees and Solids to Create Lifelong Healthy Eating Habits* (2016). Melanie is the author of *Happy Mealtimes with Happy Kids*(2010) and the producer of the award-winning kids' CD *Dancing in the Kitchen: Songs that Celebrate the Joy of Food!* The tips in her latest book, *Adventures in Veggieland: Help Your Kids Learn to Love Vegetables with 100 Easy Activities and Recipes* (2018) are based on research and Melanie's 20 years of success as a pediatric feeding therapist. Melanie is an active volunteer and co-writer of The Doctor Yum Preschool Food Curriculum bringing food education to hundreds of preschoolers in the United States.

Disclosures

Financial: Melanie receives a speaking fee from KidsCare Home Health for this course and royalties from My Munch Bug for her products and books.

Nonfinancial: Melanie has no relevant nonfinancial relationships to disclose.

CEUs Information



Sensational Brain LLC is an AOTA Approved Provider of continuing education. AOTA does not endorse specific course content, products, or clinical procedures. This course is approved for 0.6 AOTA CEU or six contact hours under this Classification Code: Category 2, OT Process: Intervention.



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This course is offered for 0.6 ASHA CEUs (Introductory level, Professional area)

This course content is not intended for use by any participants outside the scope of their license or regulation.

CANCELLATION POLICY FOR LIVE, IN-PERSON TRAININGS

In the event that Sensational Brain LLC and/or the hosting facility, KidsCare Home Health, need to cancel training because of inclement weather or for any other reason, all registrations will be fully refunded within 10 business days.

Cancellation requests must be received by email (adougherty@KidsCareHH.com) or phone (719-257-8754) at least 10 days prior to the start time of the seminar to receive a full refund.

Questions/Requests: Please send all inquiries to Amie Dougherty (adougherty@KidsCareHH.com)